

Health and Well-Being: Keys to Transformation

Monday, November 2, 2009

8.00 a.m. to 1.00 p.m.

Hutton Hotel, Nashville

As of October 15, 2009

- 7.00 a.m. Continental Breakfast and Registration**
- 8.00 a.m. Welcome and Opening Remarks**
Ralph Schulz, President and CEO, Nashville Area Chamber of Commerce;
Nancy Desmond, President, Center for Health Transformation;
Caroline Young, President, Nashville Health Care Council
- 8.15 a.m. Real-Time View of Well-Being for the U.S., Tennessee and Nashville**
Ben Leedle, Vice Chair, Nashville Health Care Council Board of Directors and CEO, Healthways, Inc.
- 8.30 a.m. Setting a Livability Framework**
The Honorable Karl Dean, Mayor of Nashville
- 8.45 a.m. Every Extraordinary Change is Driven by Purpose**
Roy Spence, Co-Founder and Chairman, GSD&M Idea City / Co-Founder and CEO, The Purpose Institute; and Author, *It's Not What You Sell, It's What You Stand for: Why Every Extraordinary Business is Driven by Purpose*.
- 9.45 a.m. Achieving Community Health, Happiness and Longevity**
Dan Buettner, Author, *The Blue Zones: Lessons for Living Longer From the People Who've Lived the Longest*
- 10.30 a.m. Stories of Community Makeovers**
Jake Glover, Director, Health and Wellness Initiatives, America's Health Insurance Plans (AHIP);
John Stevens, Superintendent of the Grundy Center School District, Grundy Center, Iowa;
Dr. Arlene Ignico, Coordinator of Physical Education Teacher Education Program, Ball State University, Muncie, Indiana
- 11.15 a.m. BREAK**
- 11.35 a.m. LUNCH SERVED**
- 11.50 a.m. Keys to Transformation - Leadership for Successful Health and Well-Being**
Newt Gingrich, Former Speaker, U.S. House of Representatives and Founder, Center for Health Transformation
- 12.45 p.m. Concluding Comments**
The Honorable Phil Bredesen, Governor of Tennessee
- 1.00 p.m. ADJOURN**