

Timothy Church, MD, MPH, PhD
John S. McIlHenny Endowed Chair in Health Wisdom Professor
Pennington Biomedical Research Center

Dr. Timothy Church earned his Medical Degree and PhD (structural and cellular biology) from Tulane University School of Medicine in New Orleans. He completed a residency in preventive medicine at Tulane during which time he obtained a Masters in Public Health. He is Board Certified in Public Health and General Preventive Medicine.

Dr. Church is a PI, Co-I, or investigator on a number of NIH grants, most of which address issues related to exercise and health including exercise and the treatment of depression, exercise and cancer survivorship, exercise and maintenance of function in the elderly, and exploring the benefits of different types of exercise in individuals with diabetes. Dr. Church has a particular interest in the role of exercise in the modulation of nontraditional CHD risk factors such as C-reactive protein, heart rate variability, and visceral fat.